

Community Resources

Updated 3/23/2020

This flyer provides information about local community resources if you are in need of assistance.

Please note that businesses and organizations are updating their business hours and operations during the COVID-19 pandemic and the information on this flyer may change.

Financial Resources

Dakota County service centers are currently closed to the public for precautionary measures related to COVID-19, but all programs are up-and-running.

- Bridge to Benefits: Find out your family's eligibility at <u>http://mn.bridgetobenefits.org/</u> <u>Home2.html</u> or call 651-554-5611 to reach the Public Assistance Office and inquire about cash benefits, childcare benefits and Emergency Assistance.
- Dislocated Worker Program for workers who are unemployed or will be experiencing a layoff in the near future. More information and a program application can be found at the following website: <u>https://www.co.dakota.mn.us/HealthFamily/FindJob/DislocatedWorkerPrograms/Pages/default.aspx</u>
- Minnesota Unemployment Insurance Program: If you have been laid off (temporarily or otherwise) as an effect of the Coronavirus pandemic, apply for unemployment benefits as soon as possible at <u>www.uimn.org</u>.

Food Support

360 Communities is one of many food shelves that has shifted to a pre-pack model. Bags of food are brought to your vehicle outside. Individual food shelf information is below.

PLEASE CALL AHEAD FOR AN APPOINTMENT TO ENSURE THAT SERVICE IS STILL CONTINUING.

Apple Valley: Shepherd of the Valley 12650 Johnny Cake Ridge Road Schedule an appointment: 651-322-5113

Burnsville: Burnsville Family Resource Center 501 East Highway 13, Suite 112 Schedule an appointment: 952-985-5300

Farmington: Farmington Food Shelf 510 Walnut Street Schedule an appointment: 952-985-5300

Lakeville: Messiah Community Food Shelf Messiah Lutheran Church 16725 Highview Avenue Schedule an appointment: 952-431-5959 ext. 331

Rosemount: Rosemount Family Resource Center 14521 Cimarron Avenue West Schedule an appointment: 651-322-5113

Salvation Army: Dakota County's Prince of Peace Lutheran Church, 13901 Fairview Drive, Burnsville. Phone: 952-898-9367; email: <u>kalah.weis@usc.salvationarmy.org</u>

The Open Door Food Pantry: Appointments are only being made by phone. Call 651-686-0798 for an appointment. Pre-packed food will be available. Location: 3904 Cedar Grove Parkway, Eagan, MN.

Mental Health Resources

Taking care of your mental heath during this time is especially important. Financial and health strains can take a toll on your wellbeing. Please see the resources below for mental health guidance during this stressful time.

Dakota County Crisis Response Unit: 952-891-7171

- Call the warm line at 651-288-0400 or text support to 85511
- Call the local crisis team at **CRISIS on your phone, or 844-739-6369
- Use the Crisis Lifeline by texting MN to 741741

Resources for General Mental Health Support:

 National Alliance for Mental Illness (NAMI) help line available Monday - Friday, 9 a.m. to 5 p.m.; call 800-950-6264

Online Support Communities:

- **7Cups:** <u>www.7cups.com</u> Free online text chat with a trained listener for emotional support and counseling. Service/website also offered in Spanish.
- Emotions Anonymous: <u>www.emotionsanonymous.org</u> An international fellowship of people who desire to have better sense of emotional well-being.
- **Support Group Central:** <u>www.supportgroupcentral.com</u> Offers virtual support groups on numerous mental health conditions; free or low-cost. Website also offered in Spanish.
- PsychCentral: <u>www.psychcentral.com</u> Offers online mental health resources, news and online support communities.

United Way

Call 211 for additional resources (financial, food support, and other possible resources).

Dakota County CDA Housing Programs

The Dakota County CDA is accepting applications for waiting lists for the following programs. Complete program information including income limits can be found online at <u>www.dakotacda.org</u>.

Wait times vary by program.

To apply for any of these programs, visit <u>www.myhousing.dakotacda.org</u>. You must have an email address to create an online account to complete the application and apply for waiting lists. Questions? Call 651-675-4433.

Housing Choice Voucher (Section 8) Rental Assistance - participants pay a minimum of 30% of their monthly adjusted income toward rent and the program pays the difference between the household's portion and the total rent due each month for the unit.

Family Workforce Housing - provides affordable rental housing for families with children under the age of 18. The CDA has 26 developments located throughout Dakota County. Select two and three bedroom unit waiting lists are open.

Senior Housing - provides affordable rental housing to adults age 62 and older. Apartment buildings have one- and two-bedroom units.