



Children and Family Resource Directory

January 2020

This resource directory is not a recommendation, or an endorsement of the services, programs or events described. It is not a comprehensive list of all services and programs available to Dakota County residents. Best efforts are made to update this annually. For up-to-date resource information, First Call for Help at 211. If you are a Social Service or Mental Health Provider, please update your information in the fast tracker 211 directory. If you have suggestions or additions for future editions, please contact Janell Schilman at 952-891-7449 or janell.schilman@co.dakota.mn.us

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HELPLINES AND HOTLINES

(INFORMATION AND REFERRAL)

Greater Twin Cities First Call for Help

- 1-800-543-7709
- Local 651-291-0211
- Free and confidential
- Available 24-7 in all languages
- Texting available Monday-Friday 8-7 text your zip code to 898-211
- **COVID-19 Resource Hotline: If you know someone is in need, dial 211 or text the letters MNCOVID to 898-211***
- [Click Here](#) to access website

MinnesotaHelpNetwork: www.mnhelp.info

- Minnesota's largest data base of social service programs.
- How to Videos
- Chat Features Monday-Friday 8:00-4:30
- This data base supports three major help lines.
- Disability HUB 1-866-333-2466 [click here](#) to access online resources
- Senior Linkage Line 1-800-333-2433 [click here](#) for more information
- LinkVET 1-888-546-5838 [click here](#) for more information

Fast Tracker www.fasttrackermn.org

- Fast-Tracker-Is an online data base to look for mental health and substance disorder resources

ADDITIONAL HELPLINES AND HOTLINES

AA (Intergroup)	www.aaminneapolis.org	952-922-0880
Bridge to Benefits	www.mn.bridgetobenefits.org/Home2	
Beyond the Yellow Ribbon- Family Assistance Centers (for military families facing deployment)	Beyond the Yellow Ribbon	1-888-234-1274
National Suicide Prevention Lifeline	www.suicidepreventionlifeline.org	1-800-273-8255
Minnesota Food Helpline	www.hungersolutions.org	1-888-711-1151
Metro Shelter Hotline	www.openaccessconnections.org	1-888-234-1329
Think Small (Child Care Search)	www.thinksmall.org	651-641-0332

Minnesota Child Care Resource and Referral Network	www.childcareawaremn.org	651-665-0150 Parent Aware 888-291-9811 MN Hotline
Minnesota Adult Abuse Reporting Center	Vulnerable Adult Protection and Elder Abuse	1-844-880-1574
Pregnancy and Postpartum Support Helpline and Online resource	www.ppsupportmn.org	612-787-7776

Minnesota Health Care Programs Provider Directory

[MHCP Provider Directory](#). Use this directory to locate health care providers who accept clients on a Minnesota Health care Plan. Use this directory to locate health care providers that serve [fee-for-service](#) MHCP clients. If you have questions, please call the MHCP Member Help Desk at 651-431-2670 or 1-800-657-3739.

If you receive health care services through a health plan, please do not use this directory. Please call the health plan customer service number on the back of your health plan ID card or use the provider directory your health plan mailed to you.

ADVOCACY ORGANIZATIONS

The Arc Minnesota	www.arcminnesota.org	952-920-0855
Better Business Bureau	www.bbb.org/minnesota/	651-699-1111
Minnesota Attorney General	www.ag.state.mn.us	651-296-3353
NAMI Minnesota	www.namihelps.org	651-645-2948
PACER	www.pacer.org	952-838-9000
Ombudsman for MH & DD	www.mn.gov/omhdd/	651-757-1800

ADULT BASIC EDUCATION (ABE), GED & ESL CLASSES

Apple Valley/Rosemount/Eagan	ISD 196 ABE	952-431-8316
Burnsville/Eagan/Savage	www.communityed191.org	952-707-4150
Farmington	www.farmington.k12.mn.us	651-463-5000
Hastings ABE	www.hastings.k12.mn.us	651-480-7000
Lakeville Area Learning Center	www.pathwaysadulthoodeducation.org/	952-232-2080
Randolph	www.randolph.k12.mn.us	507-645-4773
West St. Paul/Mendota Heights, South St. Paul and Inver Grove Heights.	www.abe.tridistrictce.org	651-306-3632

CAR REPAIR AND CAR DONATIONS

Auto Technical Incorporated Car donations, low cost repair, and low to free car purchases	http://autotechnical.org/	612-919-5526
St. Croix Valley Christians in Action – Car Care Grants for cars, budget class, and accept car donations	http://www.carcaresaturday.org/	651-321-3547
The Lift Garage Low-income low-cost car repair – Qualifying participants	https://theliftgarage.org/	612-866-5840
Newgate School Financial Assistance for car repairs	http://www.newgateschool.org/wheelsforwomen.htm	612-378-0177
Dakota County Technical Support – Auto service and repair	http://www.dctc.edu/support-services/auto-service-and-repair/	651-423-8000
Neighbors Inc.	http://www.neighborsmn.org/emergency-services/	651-455-5000

CHILD CARE

Dakota County Child Care Assistance Program (CCAP)	www.co.dakota.mn.us	651-554-5611
Dakota County Day Care Licensing	www.co.dakota.mn.us	952-891-7400
Early Learning Scholarships Dakota County Children	www.familiesfirstmn.org/	507-287-2020
Operation Military Child Care	www.childcareawaremn.org	1-800-424-2246
Parent Aware Ratings	www.parentaware.org	1-888-291-9811

(child care search and licensing look up)		
Center for Inclusive Child Care	www.inclusivechildcare.org Provider coaching & training for children with special needs & behavioral problems	651-641-8339

CHILDREN'S SAFETY CENTERS

*Supervised visitation and supervised drop off and pick up-various in St. Paul and Lakeville

Children's Safety Centers	www.familywiseservices.org	651-774-4990
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CRISIS NURSERY

*There is no emergency crisis nursery program in Dakota County

Safe Families for Children Twin Cities *Faith Based Program through local churches	www.safe-families.org	612-518-5986
Together for Good Faith Based Program through local churches	www.tfgood.org	651-440-4058

CLOTHING

CAP Agency Thrift Store	www.capagency.org	952-496-2125
CHAP Value Store	www.thechapstore.com	952-890-8222
Community Clothes Closet Hosanna Lutheran Church	www.hosannalc.org	952-435-3332
Hastings Family Service	www.hastingsfamilyservice.org	651-437-7134
Kaitlyn's Kloset - MN	kaitlynsklosetmn kaitlynsklosetmn@gmail.com (Helps people with infant, toddler and children's clothing/toys/supplies. They serve living in Burnsville, Rosemount, Apple Valley.	
Mission Outpost (Prince of Peace Lutheran Church)	www.princeofpeaceonline.org	952-898-9311
Neighbors Clothes Closet	www.neighborsmn.org	651-455-1508
Ready for Success (Social Worker referral required)	www.readyforsuccessmn.org	612-872-1509

Treasures Galore the Indoor Garage Sale Store-	A Non-profit thrift store benefiting the schools of ISD 196	651-500-9554
Wakota Life Care Center (Birth-3T)	www.guidingstarwakota.org	651-457-1195
Clothed in Faith – Free clothes closet	https://www.faithinyourheart.org/	651-460-6110

COMMUNITY ORGANIZATIONS

United Way of Hastings	https://www.unitedwayofhastings.org/ Resource Guide http://unitedwayofhastings.org/documents/2018_19YouthandFamilyResourceGuide.pdf	651-438-3337
360 Communities	www.360communities.org 24 hours a day	952-985-5300


- Emergency Food Shelves in Dakota County
- Information and Referral to community resources
- Lewis House-24 Hour domestic abuse safe shelters in Dakota County
- Child Care Resource and Referral
- Partners for Success Program
- Domestic Violence outreach and education series
- Sexual Assault Services-24-hour crisis service
- Armful of Love-Holiday Giving Program
- Dakota County Healthy Families

CAP Agency Dakota County 	www.capagency.org	651-322-3500
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- Head Start and Early Head Start
- Emergency Assistance Programs
- Dakota County Healthy Families
- Weatherization Programs
- Senior Dining
- Meal on Wheels
- Housing Support

Hastings Family Service	www.hastingsfamilyservice.org	651-437-7134
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- Clothes Closet
- Meals on Wheels
- Furniture Bank
- Food Shelf
- Emergency Assistance
- School Supply Assistance
- Holiday Assistance

 Neighbors Inc.	www.neighborsmn.org	651-455-5000
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- Serving Northern Dakota County
- Furniture assistance (match program)
- Emergency Food Shelf & Bakery Products
- Emergency Assistance & Grants
- Holiday Assistance
- Clothes Closet
- Telephone Reassurance
- Transportation
- "Come as You Are" Group
- Nutritional Assistance Providing Food for Seniors



Salvation Army-Dakota County

13901 Fairview Drive Burnsville
 Located in Prince of Peace Church

Salvation Army	www.thesalarmy.com	952-898-9367
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- **Clothing**
- **Utilities**
- **Food Support**
- **Financial Assistance**
- **Information and Referral**

CHILD PROTECTION INTAKE

Anoka County	763-324-1440
Dakota County	952-891-7459
Hennepin County	612-348-3552
Ramsey County	651-266-4500
Rice County	507-332-6115
Scott County	952-445-7751
Washington County	651-430-6457

CHEMICAL DEPENDENCY RESOURCES

MEDICAL ASSISTANCE HEALTH PLANS CHEMICAL DEPENDENCY SERVICES-

Families on a Medical Assistance Health Plan (PMAP) should contact member services to determine what services are covered and what provider they are to access to obtain chemical health services.

DAKOTA COUNTY SOCIAL SERVICES CHEMICAL DEPENDENCY SERVICES (RULE 25)

Phone number: 651-554-6000

*For persons with no health insurance, not on a medical assistance health care plan, or on straight MA. Income guidelines apply. [Dakota County Chemical Health Information](#)

Avalon Programs, LLC & Odyssey Programs, LLC (youth and adult)	www.meridianprograms.com	877-367-1715
Anthony Lewis Center (adolescents)	www.anthonylouiscenter.com	952-890-8879
Community Drug and Alcohol Services (adolescents)	www.optionsfamily.com	952-564-3000
CLUES	www.clues.org	651-379-4200
Cochran (adult)	www.detoxone.org	651-437-4209
CREATE-South (adult)	www.chemicalhealth.org	612-874-9811
Dakota Treatment Center (opiate dependency treatment)	https://www.newseason.com	952-890-4480
Haven in Shakopee	www.havenchemicalhealth.com	952-496-3366
Hazelden Center for Youth and Families (youth and adults)	www.hazelden.org	763-509-3800
Fairview Recovery Services (youth and adults)	www.fairview.org	612-672-2736
Faith Family Recovery Center (adult)	www.ffrcllc.com	651-437-1628
Ramsey County Detox (Dakota County uses this one)		651-266-4009
Meridian Behavioral Health (Avalon and Tapestry, adults)	www.meridianprograms.com	1-877-367-1715
Minnesota Adult and Teen Challenge	www.mntc.org	612-373-3366
River Ridge Treatment Center (youth and adults)	www.riverridgemn.com	952-894-7722
Sage Prairie Recovery	www.sageprairie.org	1-877-915-7243
The Haven Chemical Health Systems (adult)	www.havenchemicalhealth.com	651-734-9633
Nystrom and Associates	www.nystromcounseling.com	952-997-3020

DAKOTA COUNTY COMMUNITY SERVICES INTAKE PHONE NUMBERS

www.co.dakota.mn.us

<p><u>Children and Family Intake 952-891-7459</u></p> <ul style="list-style-type: none"> • Child Protection • Parent Support Outreach Program • Children's Mental Health Services • Truancy Intervention • Minor Parent Services • Information and referral • Foster Care Recruitment Licensing and Adoption Recruitment and Placement 952-891-7400 • Child Care Licensing 952-891-7400 	<p><u>Community Living Services Intake 651-554-6336</u></p> <ul style="list-style-type: none"> • Intake for aging and disability services (children and adults) • MN Choices Assessment • Consumer Support and Family Support Grants • Developmental Disability Services (DD) • Personal Care Assistance (PCA) • Housing with services <p>Senior Linkage Line 1-800-333-2433 Disability Linkage Line 1-866-333-2466</p>
<p><u>Dakota County Housing Crisis Line 651-554-5751</u></p> <ul style="list-style-type: none"> • Homeless prevention and intervention for individuals and families <p><u>Dakota County Crisis Response Unit 952-891-7171</u></p> <ul style="list-style-type: none"> • 24-hour crisis call center 	<p><u>Dakota County Adult Services Intake 651-554-6424</u></p> <ul style="list-style-type: none"> • Adult Mental Health Services • Chemical Health Services (Rule 25) • Information and referral • Pre-petition screening requests <p><u>Minnesota Adult Abuse Reporting Center 1-844-880-1574</u></p> <ul style="list-style-type: none"> • State wide intake for suspected maltreatment of a vulnerable adult by any person.
<p><u>Public Health Intake 651-554-6115</u></p> <ul style="list-style-type: none"> • Prenatal and Post-Partum Referrals • Maternal Child Health Home Visiting • Dakota Healthy Families Home Visiting • Child and Teen Health Check-Ups • Children with Special Needs Ages Birth to Three • Asthma Education 	<p><u>Public Health Programs</u></p> <ul style="list-style-type: none"> • WIC 952-891-7525 • Immunization Clinics 651-891-7999 • Children's Dental Services 612-746-1530 • Refugee Health 952-891-7500 • Tuberculosis Testing & treatment 952-891-7500 • Mental Health Promotion, Substance Use and Suicide Prevention 651-554-6100 • Follow Along Program 651-554-6178

<p><u>Employment and Economic Assistance</u> 651-554-5611 Mendota Road, West Saint Paul</p> <ul style="list-style-type: none"> • Food Assistance • Cash and Emergency Assistance • Child Care Assistance • Medical Assistance & MNsure Lab • To schedule appointment at the Burnsville Work force Center, call 651-554-5611 and ask to speak to a cash information and referral worker. 	<p><u>Dakota County Child Support-651-554-5909</u></p> <p><u>CareerForce Burnsville</u> 952-703-3100 28000 County RD 42 W Burnsville MN 44557</p> <p><u>CareerForce West St. Paul</u> 651-554-5955 1 Mendota Road, West St. Paul MN 55118</p>
<p><u>Veterans Services 651-554-5601</u></p> <ul style="list-style-type: none"> • Benefit Counseling, Information and Referral • Veterans Linkage Line 1-888-546-5838 	<p><u>Dakota County Child Support 651-554-5909</u></p>

DENTAL SERVICES

Children's Dental Services	www.childrensdentalservices.org Diamondhead Clinic in Burnsville 2 nd Friday of the month.	612-746-1530
Mobile Dental Care-West Saint Paul		651-457-3373 x 19
Prince of Peace Dental Clinic	Serving Southern Dakota County At Prince of Peace Lutheran Church	952-898-9318


DISABILITY SERVICES

Autism Society of Minnesota (AUSM)	www.ausm.org	651-647-1083
DHS SMRT Hotline		651-431-2493
Discapacitados Abriendose Caminos-South St. Paul MN		651-293-1748
PACER	www.pacer.org	952-838-9000
The ARC Minnesota	www.arcminnesota.org .	833-450-1494
Dakota County Community Transition Interagency Council (CTIC)	www.isd917.k12.mn.us	952-891-7328
Vocational Rehabilitation Services offices	www.mn.gov/deed	<u>West St. Paul</u> Adult-651-554-5642

Isurroon-Parent Support	www.isurroon.org/	612-886-2731
Navigation (Dakota County)	www.co.dakota.mn.us	651-554-6956



DISABILITY RESOURCE GROUPS

The ARC Minnesota	www.arcminnesota.org	952-920-0855
Shepard of the Valley- Parents of Children with Down Syndrome Group	www.sotv.org	952-891-5082
Proof of Alliance	www.proofalliance.org	651-917-2370
United for Autism	www.autismunited.org 	

DIVORCE EDUCATION, SUPPORT AND MEDIATION SERVICES

Parents Forever Classes U of M Extension Service	Parents Forever Classes	952-252-1492 (Dakota County Contact)
Minnesota Judicial Branch Self Help Center	www.mncourts.gov/selfhelp/	
Headway Emotional Health Services (Co-Parenting Plus & Divorce Education)	www.headway.org	612-861-1675 Intake - 763-746-2411
The Minnesota Center for Co-Parenting	www.minnesotacoparenting.com	952-303-4354
Dakota County Family Court Self Help Center	Free legal advice for Dakota County Residents who are going through family court but do not have an attorney	Apple Valley location 952-891-7135 Hastings location 651-438-8080
Life Development Resources (Mediation, Parenting Consultant, Parenting Time Expeditor)	www.lifedrs.com/	952-898-1133

DOMESTIC VIOLENCE ADVOCACY & SUPPORT SERVICES

Asian Women United Minnesota	www.awum.org	612-724-8823
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Casa de Esperanza	www.casadeesperanza.org	651-772-1611
360 Communities *Advocacy *Support Groups *Shelter Services	www.360communities.org	952-985-5300
Cornerstone	www.cornerstonemn.org	952-884-0330
Tubman	www.Tubman.org	612-825-0000 West Metro 651-770-0777 East Metro
Dakota County Order for Protection Line	www.co.dakota.mn.us	651-438-4700
Cashman Center-Domestic Violence Therapy Group	cashmancentermn.com	952-715-6776

DOMESTIC VIOLENCE and ANGER MANAGEMEN GROUPS

***If court ordered please check with the courts and probation office to ensure you are attending an approved program.**

Associated Clinic of Psychology (Men's Group held in Brooklyn Center)	www.acp-mn.com	612-925-6033
Domestic Abuse Project (Minneapolis)	www.domesticabuseproject.org	612-874-7063
Division of Indian Work	www.gmcc.org	612-722-8722
Resource Center for Fathers and Families (Adults)	www.mnfathers.org	
Life Development Resources *Men and Women's Relational Health Program	www.lifedrs.com	952-898-1133
La Oportunidad, Inc.	www.oportunidad.org	612-872-6165
The Men's Center (Minneapolis)	www.tcmc.org	612-229-3102
People Inc. <ul style="list-style-type: none"> • Anger management (Adults and Youth) • Domestic Abuse men and women's groups 	www.peopleincorporated.org <i>These programs were formerly provided by Children's Home Society</i>	
Robert (Bob) Kelly <ul style="list-style-type: none"> • Men's Groups 	www.bobkellyprograms.com	651-430-8005
Ronald Pietig, MA (individual and group work in Apple Valley)		952-431-1515
Minnesota Mental Health – Eagan	www.mnmentalhealthclinics.com	651-454-0114


<ul style="list-style-type: none"> • Anger Management Group • Men's Group 		
Tubman-Minnesota Family Crisis and Support Services	www.tubman.org	612-871-0118
Vietnamese Minnesota Association <ul style="list-style-type: none"> • Men's Group (non-English Speaking) 		651-290-4791


Free, Drop-In 'After Care' Group

After care group for men who have completed a required domestic violence program which offers continued support, a place to check-in with other guys working on similar goals. DCCC requires offender's to attend aftercare upon completion of their primary programming. After care offers a safe and welcoming place to talk to other men about new skills, coping with life stressors, and celebrating life successes.

When: Every Monday night from 6:30-8:30pm (except holidays) Where: Apple Valley Courthouse: Room 104, 14955 Galaxie Avenue, Apple Valley, MN 55124

EMPLOYMENT, VOCATIONAL AND JOB SKILL RESOURCES

Minnesota CareerForce Center Dakota County - Burnsville 	CareerForceMN.com	<p>Street Address: 2800 County Road 42 West, Burnsville, 55337</p> <p>Telephone: 952-703-3100</p> <p>Email: careerforce.burnsville@state.mn</p> <p>Hours of Operation: 8:00 a.m. - 4:30 p.m. Monday - Friday</p>
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Minnesota CareerForce Center Dakota County - West St Paul 	CareerForceMN.com	Street Address: 1 Mendota Road W, Suite 170 West St. Paul, MN 55118 Telephone: 651-554-5955 Hours of Operation: 8:00 a.m. - 4:30 p.m. Monday - Friday
Tree Trust	www.treetrust.org	952-767-3880
MN E&EA Job seekers with disabilities	mn.gov/deed/job-seekers/disabilities/	651-379-5800
Good Will Easters	https://www.goodwilleasterseals.org/services	
Hubert H. Humphrey Job Corps	https://huberthumphrey.jobcorps.gov/	651-642-1133

SCHOOL DISTRICT EARLY CHILDHOOD PROGRAMS AND CONTACTS 2019-2020

[Early Childhood Resource Directory](#)

District	School District Name	Early Childhood Screening age 3.5-4 (pre-school Screening)	Early Intervention/Early Child Special Education (ECSE) Intake Numbers	Early Childhood Family Education (ECFE)	School District Community Pre-school Programs & School Readiness Programs
ISD 6	South St. Paul	651-288-6897	Birth to 3 651-306-3682 3 to 5 651-457-9497	651-457-9418	651-457-9418
ISD 191	Burnsville/Eagan/Savage	952-707-4100	952-895-6652 952-707-6262 (fax)	952-707-4150	952-707-4150
ISD 192	Farmington	651-460-3200	Birth to 3 651-463-5067 3 to 5 651-463-5066	651-460-3200	651-460-3200

ISD 194	Lakeville	952-232-3000	Birth to 3 952-232-3054 3 To 5 952-232-3043	952-232-3006	952-232-3001
ISD 195	Randolph	507-645-4773 507-263-2151	Birth to 5 507-645-5959	507-645-4773 507-263-2151	507-645-4773 or 507-263-2151
ISD 196	Apple Valley/ Rosemount/ Eagan	651-423-7899	952-388-1900 952-388-1948 (fax)	952-388-1953	952-388-1960
ISD 197	WSP/Mendota Heights/ Northern Eagan	651-403-8363	651-403-8390 651-403-8310 (fax)	651-403-8353	651-403-8353
ISD 199	Inver Grove Heights	651-306-7520	Birth to 3 651-306-7575 3 to 5 651-306-7313	651-306-7503	651-306-7503

	HelpMeGrowMN.org	1-866-693-4769
CAP Agency Head Start Program	capagency.org/	651-322-3500
Public Health – Follow Along Program	www.health.state.mn.us	651-554-6178
Families First Early Learning Scholarships	www.familiesfirstmn.org	507-287-2020
Parent Aware	www.parentaware.org	1-888-291-9811
Support and Navigation for Children with Special Needs		
AUSM-Autism Society of Minnesota	https://arcminnesota.org/	651-647-1083
The ARC Minnesota	arcminnesota.org/	942-920-0855
Children & Youth with Special Health Needs Navigator	Click here for website Disability Hub MN	1-877-333-2466
Isuroon-Dakota County Parent Support Program	www.isuroon.org/ *Serves East African and Somali Communities	612-866-2731
Minnesota Hands and Voices	www.mnhandsandvoices.org	651-265-2434
Early Childhood Day Treatment Programs (Preschool Ages 3-6)		
FACTS-Preschoolers Achieving Skills for	www.facts-mn.org	651-379-9800

Success Day Treatment Program-Savage		
Fraser Eagan: Preschool Mental Health Day Treatment & Autism Day Treatment	www.fraser.org	612-767-7222
Clinic Based Early Childhood Mental Health Providers		
Associated Clinic of Psychology (ACP) *West St. Paul and Apple Valley	www.acp-mn.com	651-450-0860 WSP 952-432-1484 Apple Valley
Canvas Health *West St. Paul and Cottage Grove		651-351-3121
Cedar Valley Center for Child and Family Therapy *Eagan	www.cedarvalleytherapy.com	651-688-0488
Fraser-Eagan	www.fraser.org	612-767-7222
Family Adolescent Children's Therapy Services (FACTS) *Mendota Heights	651-379-9800 www.facts-mn.org	651-379-9800
Secure Base Counseling Center *Lakeville, Northfield, New Prague * In-home services for children (CTSS)	www.securebasecounselingcenter.com	507-301-3412
Twin Cities Play Therapy *Eagan	www.twincitiesplaytherapycenter.com	651-452-2305
Amherst H. Wilder Foundation-Clinic Services *St. Paul	www.wilder.org	651-280-2310
Washburn Center for Children *Minneapolis	www.washburn.org	612-871-1454
Early Childhood Mental Health Providers		
Nystrom and Associates	www.nystromcounseling.com	763-767-3350
Family Innovations	www.familyinnovations.com	Home Based: 651-748-5019 ext. 1201
In-Home Early Childhood Mental Health Providers		
Family Adolescent Children's Therapy Services – (FACTS)	www.facts-mn.org	651-379-9800

Associated Clinic of Psychology (ACP)	Online Referral: www.acp-mn.com	Referral Coordinator: 612-455-8643
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FAITH BASED RESOURCES

***These programs may be able to assist with basic needs such as food, clothing, community meals, support groups, parenting, youth support groups. Please contact the churches directly or go to the website to determine dates and times of events.**

All Saints Catholic Church (Lakeville)	Dinner on f the Hill	952-469-4481
Augustana Lutheran Church (West St. Paul)	Care and Support: Grief Ministry, Memory Loss Support,	651-457-3373
Bethel Baptist Church		
Easter Lutheran Church (Eagan)	Connect: Community Meals, Job Transitions Group, Depression Support, , AA/Al-Anon, Tree House	651-452-3680
Crossroads Church Eagan & Lakeville	Lakeville -Community Meals Inver Grove Heights -Grocery Giveaway	952-469-7729 Lakeville 651-414-9756 Inver Grove Heights
Grace Lutheran Church (Apple Valley)	Grace Lutheran Community Meals, The Link Drop in Shelter for Teens, AA meetings, SE Asian Elders Meeting	952-432-7273
Hosanna! Lutheran Church-Care Ministries (Lakeville)	Care Ministries Life Hurts, Career Connections, Community Clothes Closet & New Friends, Celebrate Recovery, Grief Share and Divorce Care	952-435-3332
Resurrection United Methodist Church of Hastings (Hastings)	https://www.rezumc.org/ Community Meal, Celebrate Recovery, Moms Group, Homeschoolers Coop, AA/NA, and Gamblers Anonymous	651-437-4398
Berean Baptist Church- (Burnsville)	Berean Care : Support groups for Anxiety & Depression, Cancer, Career, Caregivers, Grief and Loss, Divorce, Marriage, Mental Illness & Military	952-223-1848
Light House Christian Church (Rosemount)	Loveshare : Community Meal and Grocery Giveaway, free bread rack	651-423-2566
River Heights Vineyard Church- (Inver Grove Heights)	Missions: Loaves and Fishes Community Meal, Celebrate Recovery Group, Christmas Day Dinner	651-457-7644

Prince of Peace Church- Mission Outpost (Burnsville)	www.popmn.org Mission Outpost, Dental Care, AA, ACA, Grief Support, Divorce Care, Job Connections, Depression Support Group, PFLAG, Memory Loss	952-435-8102
Shepard of the Valley Lutheran Church (Apple Valley)	Support Groups Infertility & Loss, Job Connection, Suicide Bereavement, Compassionate Friends, Down Syndrome Group, Depression Support Coalition, Divorce Cater, ADHD/ASD and other Disabilities Group	952-432-6351
South Suburban Evangelical Free Church- Apple Valley	https://www.ssefc.org/	
Trinity Church- (Lakeville)	Care Ministries and Support Groups : Caregiver Support, Chronic Illness, Divorce Care, Grief Care, Adoption Ministry, Military Support	952-435-5548
St. Elizabeth Ann Seaton Catholic Church (Hastings)	Ministries : Divorce & Separated Group, Grief Support Services, Rainbow Grief and Loss Group for Children and Youth	651-437-4254
Church of Saint Mathew (West Saint Paul)	Ministries : Loaves and Fishes Community Meal, St. Mary's Health Clinic	651-224-9793
Saint John Neuman (Eagan)	Support Groups : AA, Al-Anon, Capstone, Caregivers Support, Depression Support, Growing Through Loss.	651-454-2079

FATHER'S RESOURCES

Fatherhood Education Program-Amnion Pregnancy Center	https://amnioncpc.org/	952-898-4357
Minnesota Father's Adoption Registry (MFAR)	MFAR	651-201-5994
National Fatherhood Initiative	www.fatherhood.org/	301-948-0599
The MEN'S LINE	www.mnfathers.org	612-379-6367 or 1-866- 379-6367
The Good Father Program,-Pregnancy Choices	www.mypregnancychoices.com	952-997-2229

Resource Center for Fathers and Families	www.mnfathers.org/resources/fathers/	763-783-4938
Father Project a Program of the Good Will Easter Seals	www.goodwilleasterseals.org/fatherproject	
Associated Clinic of Psychology (Men's Group held in Brooklyn Center)	www.acp-mn.com Is a full-service, multi-specialty mental health group practice. We strive to treat the entire spectrum of mental health needs in our communities.	612-925-6033
Domestic Abuse Project (Minneapolis)	www.domesticabuseproject.org Provides immediate assistance for survivors of domestic violence and their families. Works with adult male perpetrators of domestic violence, adult female survivors of violence, and children and adolescents who have witnessed or experienced abuse.	612-874-7063
Resource Center for Fathers and Families (Adults)	www.resrouceforfathers.org Provides resources that will help men become better parents and better parenting partners regardless of marital status, and to provide the model that all children deserve.	763-783-4938
The Men's Center (Minneapolis)	www.tcmc.org Provides resources for men seeking to grow in body, mind and spirit, and from that foundation advocates for healthier family and community relationships.	612-822-5892
People Inc.	https://www.peopleincorporated.org/ People Incorporated Mental Health Services is a Twin Cities-based nonprofit providing a spectrum of services through more than 60 programs in the greater metro area.	651-774-0011
Ronald Pietig, MA	Provides individual and group therapy to help individuals avoid the tremendous potential costs that so frequently are associated with these problems	952-431-1515
Minnesota Mental Health-Eagan-	http://www.mnmentalhealthclinics.com/ providing client centered service, client stabilization, community integration and empowerment, and assist clients in achieving the highest level of functional capacity and personal growth	651-454-0114

FETAL ALCOHOL SYNDROME RESOURCES

Proof of Alliance	www.proofalliance.org	651-917-2370
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FINANCIAL EDUCATION, BUDGETING RESOURCES, DEBT COUNSELING

Family Means Consumer Credit Counseling	www.familymeans.org	651-789-4014
Lutheran Social Services Financial Counseling Services	www.lssmn.org/debt/	1-888-577-2227
University of Minnesota Extension Service	www.extension.umn.edu	
Exodus Lending	If you see that a client has payday loans, or they mention it to you, I would refer them to Exodus Lending @ https://exoduslending.org/ They can help with up to \$1,000 in payday loans. Minnesota Organization that helps folks get out of payday loan debt (they refinance the loan at %0 interest).	
Prepare + Prosper	https://prepareandprosper.org/money-mentors/ Financial coaching program called Money Mentors.	

Dakota County Financial Empowerment Services. Free financial counseling for residents to improve their financial wellness. [Financial Empowerment Services](#) 651-554-5736

FURNITURE

BRIDGING (FOR FAMILIES WHO HAVE AN OPEN CASE WITH DAKOTA COUNTY SOCIAL SERVICES ONLY)	www.bridging.org	952-888-1105 (Bloomington)
PRINCE OF PEACE CHURCH-MISSION OUTPOST-Salvation Army Has Bridging Contract	www.popmn.org	952-435-8102
Hastings Family Service-Furniture	www.hastingsfamilyservice.org (serving those who live in ISD 200 boundaries)	651-437-7134

Twin Cities Free Market – Reuse Resources	eurekarecycling.org/free-market	
Neighbors Inc. Furniture Match Program	www.neighborsmn.org *Serving Northern Dakota County	651-554-5000
Facebook-Local Community or Garage Sale Sites	www.facebook.com	

***Thrift stores often have low cost furniture available. Craigslist is also an option to locate low cost or free furniture. Facebook has local community garage sale sites where residents post items for sale or free or residents can post a request or need.**

FOOD SHELVES, COMMUNITY MEALS AND NUTRITION EDUCATION-

Minnesota Food Helpline	www.hungersolutions.org	1-888-711-1151
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DAKOTA COUNTY FOOD SHELVES

***Listed by location, many of the food shelves do serve several communities in their geographic area.**

APPLE VALLEY/ROSEMOUNT		
360 Communities-Shepard of the Valley Church Tuesday and Thursday 3-6 p.m.	12650 Johnny Cake Ridge Rd., Apple Valley www.360communities.org	Call Rosemount Family Resource Center for Appointments 651-322-5113
360 Communities Rosemount Family Resource Center (hours vary)	14521 Cimarron Ave. W, Rosemount	Apple Valley and Rosemount Residents call Resource Center to place food order at 651-322-5113
The Lord's Cupboard- Rosemount	16120 Cedar Avenue S Rosemount MN	952-898-9367
BURNSVILLE/SAVAGE		
Ruby's Pantry – Multiple Locations	www.rubyspantry.org	
Salvation Army & Prince of Peace Church-Mission Out Post *Thursdays, 2 times a month by appointment 2:30 – 3:30 p.m.	13901 Fairview Dr. Burnsville www.popmn.org or www.salvationarmynorth.org	952-898-9367
360 Communities-Burnsville Neighborhood Office M-F 9:30-3:30 p.m. pick up	501 E. Hwy 13, Suite 112, Burnsville www.360communities.org	952-985-5300
CHAPs Food Shelf-Burnsville Monday-Saturday 10-5 p.m.	2020 E. Hwy 13 Burnsville www.thechapstore.com	952-890-8222

Discover Church-Food Market *Food Distribution 3 rd Wednesday of the month 1:00-2:30 p.m.	14300 W. Burnsville Pkwy Burnsville www.zchurch.org	952-736-2500
Faith Covenant Church- Faith Food Outreach *2 nd Monday of every month 4-7 p.m.	12921 Nicollet Ave S, Burnsville http://faithcovenant.org	952-890-3110
Ruby's Pantry Food Distribution Glendale United Methodist Church, Savage MN *3 rd Monday of the Month 4-6 p.m. Bring your own boxes or baskets for food.	13550 Glendale Rd. Savage www.rubyspantry.org	952-894-5394- Church
EAGAN		
Open Door	3904 Cedar Grove Pkwy, Eagan www.theopendoorpantry.org	651-686-0787
FARMINGTON/LAKEVILLE		
360 Communities Farmington Food Shelf Tuesday & Thursday noon-6 p.m.	Instructional Service Center 510 Walnut St., Farmington www.360communities.org	Call 360 Communities for Appointments 651-463-5019
360 Communities Partnership with Messiah Lutheran Church-Feed My Sheep Food Shelf Tuesday & Thursday 1-6 p.m.	16725 Highview Ave., Lakeville www.messiahonline.org	Call 360 Communities for appointments 952-985-5300
Northern Dakota County Serving WSP, SSP, IG & MH		
Neighbors Inc.	222 Grand Avenue West, South Saint Paul www.neighborsmn.org	651-455-5000
Crossroad Church-Grocery Giveaway (IGH Campus) *First Saturday 12:30-2 p.m.	5590 Babcock Trail Inver Grove Heights www.crossroadschurch.org	952-469-7729
Bethel Baptist Church- Loaves of Hope *4 th Saturday of every month 9-12 p.m.	2100 Delaware, Sunfish Lake www.bethelmn.org	651-450-9575
Hastings Family Services	www.hastingsfamilyservice.org	651-437-7134

SUPPLEMENTAL FOOD AND NUTRITION EDUCATION PROGRAMS

Dakota County WIC Program	www.co.dakota.mn.us	952-891-7525
FARE for ALL	www.fareforall.org	763-450-3880
Mothers and Children (MAC)	www.2harvest.org	1-888-339-3663

COMMUNITY MEALS

All Saints Catholic Church-Lakeville	www.allsaintschurch.com	952-469-4481
Cross of Christ Church-Lakeville	www.crossofchristchurch.org	952-469-3113
Episcopal Church of the Nativity-Burnsville	www.nativitymn.org	952-435-8687
Grace Lutheran Church-Apple Valley	www.graceofav.org	952-432-7273
Hosanna! Lutheran Church-Lakeville	www.hosannalc.org	952-435-3332
Mount Calvary Lutheran Church-Eagan	www.mtcalvary.com	651-454-2344
Easter Lutheran Church-Eagan	www.easter.org	651-452-3680
Loaves and Fishes-Dining Sites in the Metro Area	www.loavesandfishesmn.org	612-377-9810
Mary Mother of the Church	MMOTC	952-890-0045

Low Cost & Sliding Fee Medical Resources

St. Mary's Health Clinic	www.stmaryshealthclinics.org	651-287-7777
West Side Community Health Services-La Clinica	www.westsidechs.org	651-602-7500
Diamond Head Clinic-Burnsville Residents		952-707-4171
Portico Healthnet	www.porticohealthnet.org	651-489-2273
Crown Medical Center-Minneapolis	Crown Medical Support Services	North Office (Brooklyn Park): 763-566-4535 South Office (Minneapolis): 612-871-4354
Dakota County Public Health Immunization Clinic	Immunization Clinic	952-891-7500
Dakota Child & Family Clinic	Dakota Child & Family Clinic	651-209-8640

GAMBLING

Associated Clinic of Psychology	www.acp-mn.com	612-925-6033
Minnesota Problem Gambling Helpline	www.getgamblinghelp.com	1-800-333-HOPE(4673)

HOUSING RESOURCES

Dakota Housing Crisis Line	www.co.dakota.mn.us	651-554-5751 #1-SHU #2-The Link (Youth) #3 Victims of Domestic Violence and Sexual Assault
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Shelter Options


Matrix Emergency Shelter	<ul style="list-style-type: none"> • Temporary shelter for 50 adults in Dakota County from November to April • Shelter opens nightly at 6:00 p.m. and closes at 8:00 a.m. • Shelter is on a rotation schedule moving to different churches in Dakota County 	651-319-2153
Salvation Army Emergency Hotel Shelter Program	<ul style="list-style-type: none"> • Single adults or adult couple • Homeless and living outside or residing in a place not meant for human habitation • One member of the household must have a verifiable disabling condition 	952-898-9367 press option 2 and leave a voicemail with the name and phone number where the individual can be reached. The call will be returned within 24 hours
Dakota Woodlands	<ul style="list-style-type: none"> • Must be a Dakota County resident with eligible immigration status • A family with minor children or single adult woman who is 18+ • Must be homeless or provide proof of threat of homelessness 	Contact the Housing Crisis Line to access Dakota Woodlands waiting list at 651-554-5751 press option 1

	<ul style="list-style-type: none"> Income eligible for GRH or willing to pay for stay using own funds 	
The Lewis House	<ul style="list-style-type: none"> Emergency shelter for woman with children/or single women who are fleeing domestic violence 	651-452-7288 Eagan 651-437-1291 Hastings


Homeless Drop in Centers

C.O.R.E. Drop in Center	<ul style="list-style-type: none"> Youth who are homeless or at risk of homelessness within the week can get help with basic needs including food, clothes, shower, toiletries, laundry, transportation and connections to case management M-F 2:00 to 5:00 No appointment necessary 	Located at Grace Lutheran Church 7800 W County Road 42 Apple Valley, MN 55124 The building is currently locked but there is a number to call on the doors to get in.
The Matrix Resource Center	<ul style="list-style-type: none"> Support includes access to computers, phones, printers, social workers, addiction support, veteran services, pet care, laundry, showers, haircuts and more 	***Due to the pandemic clients need to call 612790-3409 to be seen by appointment only M-F from 9:00 to 5:00

Housing Search

	<ul style="list-style-type: none"> List of open housing authority section 8 and public housing waiting lists View a list of available affordable housing units 	<p>Click Here</p> <p>612.522.2500</p>
<p>Housing Access Resource Team (HART)</p>	<ul style="list-style-type: none"> To be eligible a household adult must be diagnosed with a serious mental illness and be experiencing one of the following <ul style="list-style-type: none"> Long-term homeless Exiting an institution like a hospital, IRTS or jail with imminent homelessness upon discharge An imminent risk of losing housing 	<p>Click Here</p> <p>651-291-0067, ext 6500</p>
<p>Zillow Community Pillar</p>	<ul style="list-style-type: none"> Program that identifies landlords and property managers who are willing to rent to people with rental barriers Able to search for Income restricted properties only 	<p>Click Here</p>

Affordable Housing/Housing Programs

<p>Dakota County CDA</p> 	<ul style="list-style-type: none"> Senior Housing Rental Assistance Workforce Housing Public Housing 	<p>Click Here</p> <p>651-675-4400</p>
<p>CommonBond Communities</p>	<ul style="list-style-type: none"> Affordable Housing Senior Housing Project-based Section 8 Housing 	<p>Click Here</p> <p>651-291-1750</p>
<p>Lifestyle Inc.</p>	<ul style="list-style-type: none"> Market rate and subsidized apartment buildings for families, elderly, disables or low-income residents 	<p>Click Here</p> <p>507-451-8524</p>

	<ul style="list-style-type: none"> All housing is in rural communities 	
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Legal Aid Agencies

Southern Minnesota Regional Legal Services	Click Here 1-888-575-2954
Volunteer Lawyers Network	Click Here 612-752-6677
Homeline	Click Here 612-728-5767

Homeless Street Outreach

Ally Supportive Services	<ul style="list-style-type: none"> Advocates engage with homeless individuals who struggle with mental health and/or substance use disorders Housing support services to help individuals access and sustain housing Housing stability services to assist participants in sustaining housing 	Click Here Main office: 651-302-4471 Outreach cell: 612-875-9683
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Eviction Prevention Resources

Dakota County Emergency Assistance or Emergency General Assistance	Must have applied for and been denied for Emergency Assistance to access this funding	Click Here or call 651-554-5611
CAP Agency	For households in <ul style="list-style-type: none"> South St Paul Inver Grove Heights Mendota Heights Mendota Sunfish Lake Lilydale 	Click Here Or call 651-322-3500

	<ul style="list-style-type: none"> • West St Paul 	
Neighbors Emergency Assistance	For households in <ul style="list-style-type: none"> • Burnsville • Eagan 	651-455-5000 Request to speak to a Client Engagement Specialist
360 Communities Burnsville Resource Center	For households in <ul style="list-style-type: none"> • Rosemount • Farmington • Lakeville • Apple Valley 	952-985-5300

LEGAL RESOURCES

Dakota County Family Court Self-Help Center: <http://www.dakotalegal.org/>

MEDICAL ASSISTANCE

MNsure-Minnesota's One stop Health Insurance Online Market Place

	www.Mnsure.org	Contact Center Line 1-855-366-7873
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MNsure Navigation (in-person assisters). The agencies below have staff to assist families apply for any of Minnesota's Health Care Programs through MN Sure

Dakota County E&EA Computer Lab	Computer lab is available for residents from 8:30-3:00 pm. Monday-Friday on the Second Floor of the Dakota County Northern Service Center in West Saint Paul. No appointment is necessary, and staff will be on hand to assist residents. Child care available. www.co.dakota.mn.us	651-554-5611
360 Communities Burnsville	501 E. Hwy 13, Suite 112 Burnsville www.360communities.org	952-985-5300
360 Communities Rosemount	14521 Cimarron Ave W. Rosemount	651-322-5113

	www.360communities.org	
Hastings Family Service	301 2 nd St. E. Hastings www.hastingsfamilyservice.org	651-437-7134
Neighbors Inc. SSP	222 Grand Ave W. South St. Paul www.neighborsmn.org	651-455-5000
Protico Health Net. Saint Paul *Has Spanish Speaking Staff	1600 University Ave. W. Suite 211 www.porticohealthnet.org Or Western Service Center Contact Ally Astor-Ramirez Appointments 8AM-3PM	651-489-2273
Somali Health Solutions	Navigators fluent in Somali, English, Ormo and Amharic. Assistance is done over the phone or in-person at the Minneapolis office. www.somalihealthsolutions.com	612-333-3056

SPECIALTY ASSISTANCE MNSURE NAVIGATION: TEFRA, MA, AND MA-EPD

ARC Minnesota	www.arcminnesota.org Assistance in Spanish & Hmong	952-920-0855
NAMI-Minnesota	They have two navigators available to assist individuals with a mental health diagnosis apply for Health Care Programs including TEFRA, via phone support and in-office help in St. Paul. 800 Transfer Rd. #31 St. Paul www.namihelps.org	651-645-2948
Protico Health Net. Saint Paul *Has Spanish Speaking Staff	1600 University Ave. W. Suite 211 www.porticohealthnet.org Or Western Service Center Contact Ally Astor-Ramirez Appointments 8AM-3PM	651-489-2273

MEDICAL ASSISTANCE & MEDICAL ASSISTANCE HEALTH CARE PLANS IN DAKOTA COUNTY (PMAPS)

Health Partners Care	952-967-7998 Member Services & Mental Health 952-883-7400 Ride Care (Transportation) 952-883-7501 Behavioral health
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	952-967-7998 Interpreter Services 952-883-5168 Health Partners Dental
Medica choice Care	952-992-2322 Member Services 1-800-848-8327-Mental Health 952-992-2292 Provide-A-Ride 651-406-5919 Delta Dental 952-992-2322 Interpreter Services
Blue Plus	651-662-5545 Member Services 1-800-711-9862 Mental Health/BHSI Interpreter Services 651-406-5901-Delta Dental (Civic Smiles_ 651-662-8648 Blue Ride

Minnesota Health Care Programs Help Desk		651-431-2670
TEFRA Parental Fee Unit	www.pfestimator.dhs.mn.gov	651-431-3806
SMRT Hotline – Referral Process	State Medical Review Team	651-431-2493 or 1-800-235-7396

MNET Call Center	Minnesota Non-Emergency Transportation Program for those on Medical Assistance	1-866-467-1724
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Appointment Scheduling

Clients can schedule an appointment by calling the location where they want an appointment. Scheduling for appointments will start 7 days prior to the session. Phone calls will be accepted starting at 8:00 am.

Apple Valley location 952-891-7135

Hastings location 651-438-8080

Call for Justice	www.callforjustice.org	
MN Courts Online Self-Help Center	www.mncourts.gov/selfhelp/	
Immigrant Law Center of Minnesota	www.ilcm.org	651-641-1011
Legal Assistance of Dakota County, LTD	www.dakotalegal.org	952-431-3200
LawHelpMN.org	www.Lawhelpmn.org	Chat online w/ expert
Southern Minnesota Regional Legal Services	www.smrls.org	1-888-575-2954
Minnesota State Bar Member Directory	www.mnbar.org/member-directory/find-a-lawyer	612-333-1183

MENTAL HEALTH RESOURCES

Dakota County Contracted Sliding Fee Clinics.

Associated Clinic of Psychology	www.acp-mn.com	952-432-1484-Apple Valley 612-925-6033-Minneapolis 651-450-0860-West St. Paul
Dakota Child and Family Clinic	www.dakotachildandfamily	651-209-8640
Minnesota Mental Health Clinics-Eagan	www.mnmentalhealthclinics.com	651-454-0114

SCHOOL LINKED & CO-LOCATED MENTAL HEALTH SERVICES


Many schools in Dakota County schools' partner with mental health agencies to provide clinical mental health services to eligible students at their school. Contact your child's social worker or school counselor to determine if your child is eligible for these services. Insurance and medical assistance are the primary payment source for these services. A sliding fee may be available to support uninsured or underinsured students.

Adult Rehabilitative Mental Health Services-ARHMS

Medical Assistance includes coverage for adult rehabilitative mental health services (ARMHS) and mental health crisis response services. Note these services are not limited to people with serious and persistent mental illness (SPMI). The adult rehabilitative mental health services (ARMHS) may only be provided by an agency that has been certified using the provider certification process developed by the Department of Human Services in consultation with counties and others. [Dakota County ARHMS Providers](#)

Mental Health Clinics and Services in Dakota County

This listing of Clinics and Resources is not a recommendation, or an endorsement of the providers listed. It is not a comprehensive list of all mental health providers in Dakota County. These clinics **may** accept Medical Assistance (MA), insurance or private pay or offer a sliding fee scale. Please inquire with the provider as to the specific services provided and cost of services. [Minnesota Health Care Programs Provider Directory](#)

 Associated Clinic of Psychology <ul style="list-style-type: none"> • Testing • In-home series • ARHMS & CTSS • Psychiatric Services • Somali Family and Youth Services • Early Childhood Mental Health 	www.acp-mn.com DAKOTA COUNTY DESIGNATED SLIDING FEE CLINIC FOR THOSE WITH NO INSURANCE	952-432-1484 Apple Valley 612-925-6033- Minneapolis 651-450-0860-West St. Paul *call Minneapolis office for all in-home services
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Behavioral Health Services Inc. (BHSI)-Eagan	www.bhsiclinics.com/eagan.html	651-769-6200
Allina Health Clinics Mental Health Services	Lakeville Clinic, Eagan, West St. Paul, Hastings, Farmington Clinics	
Aslan Institute *Independent Mental Health Therapists	www.aslaninst.com	651-686-8818
Lorenz	https://lorenzclinic.com/	952-443-4600
Alliant Behavioral Pediatrics	www.alliantbehavioral.com	651-295-7440
Behavioral Dimensions <ul style="list-style-type: none"> Intensive in-home behavioral intervention therapy 	www.behavioraldimensions.com	952-814-0207
Both/And Resources	www.bothandresources.com	952-432-0043
Cashman Center	www.cashmancentermn.com *Burnsville	952-224-8990
Christian Family Solutions	www.christianfamilysolutions.org	1-800-438-1772
Counseling Care Burnsville Location	www.counselingcare.us	952-892-8495
CLUES- St. Paul	www.clues.org	651-379-4200 (W. St. Paul)
Canvas Health formerly known as HSI-West St. Paul Office <ul style="list-style-type: none"> In-home series ARHMS & CTSS Early Childhood Services 	www.canvashealth.org	612-676-1604 (Dakota County Intake)
Caring Path Counseling Justin less, LLC.	www.caringpathcounseling.com	651-200-8788
Dakota Valley Psychologists (Apple Valley)	www.d-valley-psych.com	952-432-3220
Ellie Family Services *St. Paul & Lakeville	elliefamilyservices.com	651-313-8080
Farmington Family Mental Health Care Mary Anderson, MA, LAMFT		612-743-0714
Family Adolescent Therapy Services (F.A.C.T.S) <ul style="list-style-type: none"> Outpatient therapy Early Childhood Services In-home services Intensive in-home services Parenting Series 	www.facts-mn.org/	651-379-9800

Fraser-Eagan Location *Autism and Mental Health Services	www.fraser.org NEW LOCATION IN EAGAN	612-767-7222 (professional contact line)
Foundations Family Therapy (Burnsville)	wwwFOUNDATIONSMN.com	612-382-8651
Ellison and Associates, Inc. Dr. Robert J. Ellison,		
Fairview Counseling Center-Burnsville	www.fairview.org	1-855-324-7843
Family Attachment Counseling Center-Deephaven	www.familyattachment.com	952-475-2818
Family Innovations Inc. • In-home Services • CTSS	www.familyinnovations.com	952-224-2282 (Eden Prairie)
Life Development Resources • CTSS	www.lifedrs.com	952-898-1133
Health Partners Clinics	Health Partners Behavioral Health	952-967-7992 appts
Iris Reproductive Mental Health • Burnsville	www.irisrepro.com	612-548-4266
LifeSpan • Youth Transition Program (YTP)	www.lifespan.com	952-562-8500
• Lopno and Associates, LLC	www.RobertLopno.com	612-702-5094
Lutz and Associates (Hastings) • ADHD/psychological evaluations • Men's Sexual Addiction Group • Psychotherapy for children, adolescents' and adults	www.lutztherapy.com	651-500-0905
Nystrom and Associates-Apple Valley • Clinic based services • Psychiatry Services • In-home services • ARMHS & CTSS	www.nystromcounseling.com	952-997-3020
Minnesota Mental Health Eagan & Apple Valley • Psychiatric services • Adolescent Short-Term Treatment Program • DBT Groups • Adult Programs • Autism Programs	www.mnmentalhealthclinics.com DAKOTA COUNTY CONTRACTED SLIDING FEE CLINIC FOR THOSE WITH NO INSURANCE	651-454-0114



Lakeville Behavioral Health, LLC	www.lakevillebehavioralhealth.com	952-435-0022
Options Family and Behavioral Health Services <ul style="list-style-type: none"> • ARHMS & ILS • Day Treatment • Clinic Services • Substance Abuse Treatment 	www.optionsfamily.com	952-564-3000
Oak Ridge Center Psychiatric Services <ul style="list-style-type: none"> • Psychiatric Care • Medication Management • Psychological testing • Individual and Couples Counseling 	www.oakridgecenter.org	952-431-6033
Prairie Care <ul style="list-style-type: none"> • Psychiatric Care • In-patient program • Intensive out-patient program • Clinic based services • Psychological Testing 	www.prairie-care.com	952-826-8475
Owakihi, Inc. The Common Link-West St. Paul Location <ul style="list-style-type: none"> • Clinic based • In-home 	www.owakihi.com	651-450-6005
Pregnancy and Postpartum Support Minnesota	www.ppsupportmn.org	Help Line: 612-787-7776
Professional Rehabilitation Consultants <ul style="list-style-type: none"> • Mental Health Occupational Therapy for Adults 	www.prcmn.com	651-603-8774
South Suburban Psychological Services	www.drmaichaelferrarese.com	651-454-0684
Strength and Healing *St. Paul	www.strengthandhealing.com	651-925-6315
Roger A Olsen, Psy D. Psychological Testing & Psychotherapy.	www.roger-olsen.com	651-882-6299
Secure Base Counseling Center <ul style="list-style-type: none"> • CTSS • Lakeville & Northfield 	www.securebasecounselingcenter.com	507-301-3412

River Valley Behavioral Health & Wellness Center LLC • (Savage)	www.rivervalleybhwc.com *offers Psychiatric medication management by Nurse Practitioners	952-746-7664
Twin Cities Play Therapy-Eagan Location	www.twincitiesplaytherapycenter.com	651-336-4557
Sarah Leitschuh Counseling, PLLC	www.sarahleitschuhcounseling.com .	952-457-2322
Water's Edge Counseling and Healing Center *Intensive Outpatient Programs for adolescents and adults	www.watersedgechc.com	952-898-5020
West Side Community Health Services-La Clinica	www.mncare.org/	651-602-7500
University of Minnesota-Amplatz Children's Hospital Behavioral Health Services	www.mhealth.org/childrens	Inpatient Programs 612-672-6600 Outpatient, Day, Partial and Residential Programs 612-672-2736 Fairview Counseling Services 612-672-6999 All Programs 1-800-233-7503

MENTAL HEALTH SUPPORT, SUPPORT GROUP AND EDUCATION SERVICES

Discapacitados Abriendose Caminos-South St. Paul MN	www.dacfamlycenter.org	651-293-1748
MN Adopt	www.mnadopt.org	612-861-7115
Depression Support Coalition	www.depressionsupportcoalition.org	952-432-6351
Fairview Youth Grief Services-Ridges Hospital	www.fairview.org	952-892-2111
Hosanna Care at Hosanna Lutheran Church-Lakeville • Youth-Life Hurts Group	www.hosannalc.org	952-435-3332
ADHD, Autism and Other Disabilities on the Spectrum Shepard of the Valley Church	www.sotv.org	952-322-2176



[Dakota County Children's Mental Health Services](#) -952-891-7459

[Dakota County Adult Mental Health Services](#) -651-554-6424

MENTOR RESOURCES

Kids-N-Kinship 	www.kidsnkinship.org	952-892-6368
MOMS Program	www.momsprogram.org	952-890-5072
NAMI-MN Dakota County Parent Resource Program	www.namihelps.org	651-645-2948
Big Brothers and Big Sisters Greater Twin Cities <i>(Specifically the Cities of Burnsville, Eagan, Mendota, Mendota Heights, Lilydale, West St. Paul, South St. Paul, Sunfish Lake, and Inver Grove Heights)</i>	www.Bigstwincities.org	651-789-2400
Tree House	treehousehope.org/	952-238-1010

ON-SITE HEALTH CARE PROVIDER

Livio Health Care Group	www.liviohealth.com	651-571-0000
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PREGNACNY AND NEW PARENT RESOURCES

Amnion Pregnancy Center	www.amnioncpc.org	952-898-4357
Planned Parenthood-Apple Valley Clinic	www.plannedparenthood.org	952-890-0940
Pregnancy Choices Life Care Center	www.mypregnancychoices.com	952-997-2229
Prairie Care Perinatal Mental Health Clinic *Brooklyn Park	Perinatal Mental Health Clinic	612-274-7494
Wakota Life Care Center	www.guidingstarwakota.org	651-457-1195
Dakota County Public Health	www.co.dakota.mn.us	952-891-7500
Park Nicollet Healthy Beginnings-Burnsville Clinic	www.healthpartners.com	952-993-8700
Pregnancy Choices	mypregnancychoices.com	952-997-2299

TLC of Hastings	www.tlchastings.com <ul style="list-style-type: none"> • Pregnancy testing and counseling • STI/STD Education and referrals • Diapers • Children's Clothing • Crib's and Pack "N' Plays • Car Seats and baby equipment 	651-437-4200
Bundles of Love	www.bundlesoflove.org Use community partner to provide handmade baby bundle for newborns (clothes, wash clothes, diapers, shampoo, wipes etc.)	
Everyday Miracles- Minneapolis	www.everyday-miracles.org <ul style="list-style-type: none"> • Childbirth education, parenting classes, • Chiropractic appointments • Core Doula Program • Breast Pumps • Car seats for those on state funded insurance plans 	
Hastings Family Service	www.hastingsfamilyservice.org <ul style="list-style-type: none"> • Food Shelf • Emergency Assistance River Town Treasures (emergency clothing vouchers) call 652-437-7134 for an appointment. 	651-437-7134
Cradle of Hope	www.cradleofhope.org This agency partners with local groups to aid with pregnant and parenting mothers.	
Together for Good Clothing Closet	http://tfgood.org/	651-440-4058
Dakota County Early Childhood Mini Grants for Young Children with Special Needs	<ul style="list-style-type: none"> • For children birth to five with special needs, grants can be used to purchase specialty car seats, safety equipment, adaptive equipment, respite care • Contact Janell Schilman. 	952-891-7459
Milo Mom	www.Milkmoms.com <ul style="list-style-type: none"> • Assist women in obtaining breast pumps, uses insurance coverage. • Offers discounts for pumps in which a client may not be eligible for one or insurance does not pay. 	763-413-0129

PARENTING RESOURCES

*Contact your school district Early Childhood Family Education (ECFE) program for a listing of classes and events for parents and children age birth to age five. Your local school district community education program may also provide parenting events and activities throughout the school year.

Ellie Family Services-Co-Parenting Institute	elliefamilyservices.com	651-313-8080
MNAdopt.org	www.mnadopt.org	612-861-7115
Life Track - Working Family Resource Center-Online Parenting Webinars	www.lifebalance-solutions.org/	
Families First Coaching	www.getparentinghelpnow.com	612-810-8687
FACTS (monthly parenting classes)	www.facts-mn.org	651-379-9800
Hosanna Lutheran Church-Lakeville	www.Hosannalc.org	952-435-3332
Interconnections	www.interconnections.us.com	952-381-7519
Options Family and Behavior Services-Parenting Skills Program	www.optionsfamily.com	952-564-3000
Life Development Resources	www.lifedrs.com	952-898-1133
Wakota Parenting classes	www.guidingstarwakota.org	651-457-1195
Mom Enough-Web Series	www.momenough.com	Web Series
Speaking of Kids Parenting Series Lakeville/Farmington Schools	Speaking of Kids	651-460-3200

U of MN Extension Family Resources

Research and Trainings, Resources for Parents and Professionals

- [Partnering for School Success](#)
- [Families with Teens](#)
- [Parents Forever](#) for separated/divorced parents

RECREATION AND ENRICHMENT

*Contact your school district community education program for a recent catalog of classes and events for youth and adults. These programs also provide programs for children and adults with special needs.

*Contact your City Park and Recreation Program and Local Athletic Association for a Listing of activities and events for youth and adults.

STATE OF MINNESOTA

Attorney General's Office	www.ag.state.mn.us	651-296-3353
Minnesota Department of Human Services (DHS)	www.mn.gov/dhs/	651-431-2000
Minnesota Department of Education (MDE)	www.education.state.mn.us	651 582 8200
Minnesota Department of Health (MDH)	www.health.state.mn.us	651-201-5000

SOCIAL SECURITY ADMINISTRATION

WWW.SSA.GOV



Work Incentives Connection a Program of Goodwill Easter Seals	www.goodwilleasterseals.org/services/WIC	651-632-5113
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TELEPHONE ASSISTANCE

The Telephone Assistance Program (TAP)	Several landline providers and wireless (or cell phone providers offer telephone services to income qualifying households. Click here for more information
Open Access Connections Free voicemail to participants in need	www.openaccessconnections.org

TRANSPORTATION

[Dakota County Transportation Directory](#)

Dakota County Transportation	www.co.dakota.mn.us	
	www.metrotransit.org *Transit Routes *Ride Share/Car Pool *Transit Link	612-373-3333
	www.mvta.com	952-882-7500

D.A.R.T.S	https://dartsconnects.org/	651-455-1560
GAPP Services, Inc.		952-953-9299
Hastings Family Services	www.hastingsfamilyservice.org	651-437-7134
Neighbors. Inc.-South St. Paul	www.neighborsmn.org	651-455-5000
Metro Mobility	Metro Mobility	651-602-1111
MNET Call Center	Minnesota Non-Emergency Transportation Program	1-866-467-1724

*Persons on a Prepaid Medical Assistance Health Plan should call member services to obtain information as to transportation services provided through the assigned health plan. See page 15.

TUTORING AND COACHING

Dakota County Library Homework Help Tutor - Apple Valley (Age 18 +)	www.handsontwincities.org	
Help Now Free Online Tutoring	www.icarol.info *Child needs a library card	Free homework helps from online tutors' grades k-12
Learning RX	www.learningrx.com/eagan/	651-686-1066
Living Well with ADHD Robin Nordmeyer	www.centerforlivingwellwithadhd.org	952-921-5870



Receive Monthly Resource Updates from the Dakota County Collaborative

Resources change frequently, to address this issue the Dakota County Collaborative sends out bi-monthly resource updates. These updates include information on resource events, classes, programs and trainings that are relevant to families living in Dakota County. If you would like to receive these updates, please email janell.schilman@co.dakota.mn.us